

Approved Methods to Obtain BC-TMH Continuing Education Clock Hours

Unless noted otherwise, requirements apply to both distance learning and in-person activities.

Activity	Requirements for CE Credit	Maximum Clock Hours Allowed Per Year	Determining CE Clock Hours	Required Documentation
Seminars, Workshops, Conferences, and Webinars (Presenting)	<ul style="list-style-type: none"> Attendees must be your peers*; Activity must be approved for CE by an approved organization**; The activity must reference the online provision of telemental health services. 	<ul style="list-style-type: none"> No limit; and Each activity counts once during each five-year certification period. 	<ul style="list-style-type: none"> Only actual presentation time counts for clock hours (exclude breaks, lunch, etc.). 	<ul style="list-style-type: none"> A confirmation letter from the activity sponsor or an official activity program showing presenter name, presentation title, date of presentation, and duration.
Seminars, Workshops, Conferences, and Webinars (Attending)	<ul style="list-style-type: none"> Activity must be approved for CE by an approved organization**; The activity must reference the online provision of telemental health services; and Distance learning activities must allow interaction with presenter (Internet chat, telephone, e-mail, etc.) even if prerecorded. 	<ul style="list-style-type: none"> No limit; and Each activity counts once during each five-year certification period. 	<ul style="list-style-type: none"> Only actual presentation time counts for clock hours (exclude breaks, lunch, etc.); and If reading prework is required, 6,000 words equal one CE clock hour. 	<ul style="list-style-type: none"> Certificate of completion or letter confirming your completion of the activity, including presenter name, presentation title, date of presentation, and duration.
Publications (Writer or Editor)	<ul style="list-style-type: none"> Articles must be published in a peer-reviewed journal or as a chapter in a book; Books cannot be self-published; Topic must directly relate to telemental health; and Work must be published during current five-year certification period. 	<ul style="list-style-type: none"> Two CE hours per published article/book chapter; or Four CE hours per published book. 	<ul style="list-style-type: none"> If reading pre-work is required, 6,000 words equal one clock hour. 	<ul style="list-style-type: none"> Letter from publisher on letterhead documenting word count.

* CCE defines a peer as an individual who works in the same field or occupation and has approximately the same overall level of expertise, training, education, and relevant experience.

** A list of approved organizations appears on the next/opposite page.

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BC-TMH Training Curriculum Author	<ul style="list-style-type: none"> Curriculum must provide at least one clock hour of training for each topic contained in the CCE Telemental Health Professional Training Series; and Curriculum must be approved by CCE. 	<ul style="list-style-type: none"> One clock hour per module, up to a maximum of four. 	<ul style="list-style-type: none"> Time spent developing the curriculum, up to the maximum. 	<ul style="list-style-type: none"> Detailed curriculum outline with time frames listed for each component.
Educator	<ul style="list-style-type: none"> You must both develop and teach a course; and Course must relate directly to telemental health. 	<ul style="list-style-type: none"> Four clock hours awarded one time for each qualifying course (does not qualify in subsequent years). 	<ul style="list-style-type: none"> Time spent developing and teaching course, up to the maximum. 	<ul style="list-style-type: none"> Letter of verification on institution letterhead signed by department chair that includes educator's name, total course credit given to students, course dates, and institution contact information.
Leadership	<ul style="list-style-type: none"> Acceptable positions include: regional/national/international telemental health organization officer, professional telemental health journal editor, telemental health certification board member, ethics/disciplinary review committee member, active member of a committee creating substantial written telemental health materials, or regional/national/international telemental health conference chair. 	<ul style="list-style-type: none"> Two clock hours. 	<ul style="list-style-type: none"> Hours of service per month, up to the maximum. 	<ul style="list-style-type: none"> Letter from organization attesting to type and dates of service performed.

****Approved Organizations:**

American Association for Marriage and Family Therapy (AAMFT)
 American Clinical Social Work Association (ACSWA)
 American Counseling Association (ACA)
 American Psychiatric Association (APA)
 American Psychological Association (APA)

American Telemedicine Association (ATA)
 Association for Addiction Professionals (NAADAC)
 National Association for Social Workers (NASW)
 National Board for Certified Counselors (NBCC)
 National Consortium of Telehealth Resource Centers (NCTRC)